

# Mean green cucumber juice



Recipe by:  
**Sunny Anderson**

Cook

15

Prep

10

Serves

-

Skill

Easy

## Ingredients

2 cucumbers

150g sugar

1 litre water

Special equipment: cheesecloth

## Method

Serves: 1 litre

- 1) Peel the cucumbers, saving the peels. Grate cucumber flesh on a box grater.
- 2) In a medium saucepan, bring sugar and water to a boil. When sugar dissolves, add the grated cucumber and simmer until cucumber is tender, about 10 minutes. Remove from heat and let cool slightly.
- 3) In a blender, puree reserved cucumber peel and cucumber syrup until smooth.
- 4) Line a strainer with cheese cloth over a bowl. Strain cucumber mixture. Gather cheesecloth in 1 hand to squeeze out all of the juice. Chill until cool, about 1 hour.
- 5) Serve in glass.